

Suggested list of survival equipment:

1. Outdoor clothing for warm weather (but don't forget a jacket, sweater, long pants, hat, gloves, etc. in case of inclement weather). Daytime temperatures will most likely be hot, however, it will get cool at night (especially at higher elevations). Also consider bringing a good rain jacket for inclement weather.
2. Sturdy lightweight hiking shoes (soft soles recommended) in good condition and extra socks; tennis shoes and/or sandals for around camp. Shoes should be in good condition, as we will be traversing some rugged terrain.
3. Shelter - pair up with someone and share a good quality, lightweight nylon tent with a good rain fly. Bring a small tarp if your tent doesn't have a rain fly. Also, don't forget a ground cloth for your tent.
4. Sleeping bag and pad - recall that it may get cool at night. No cots or huge inflatable mattresses, please!
5. Food - we will be camping every night and also preparing meals in the field. Plan your meals ahead of time, preferably using foods items that do not break or spoil. Also, bring your own snack food for hiking. Because of space considerations, coolers are NOT allowed. We recommend packing your foodstuffs in a small, plastic storage box - available at any hardware store. **Pack your lunch for the first day of travel and have it in the vehicle.**
6. Camp stove - again, pair up with someone and share a stove.
7. Eating utensils - to be both fed and polite! Include a bowl, knife, spoon, etc.
8. Personal toiletry items, towel, etc.
9. Water bottles - bring at least three (3) one-liter water bottles. We will provide all the water you can drink.
10. Money - as everyone knows, one can always survive with money!
11. Sturdy daypack - a roomy day pack to carry your lunch, notebook, water bottles, sweater, etc. Do not bring a frame backpack! This is not a backpacking trip, but we will go on extended day hikes.
12. Notebook, pencils (some colored) and pens, texts and handouts.
13. No rock hammers or plant presses. We will be visiting state and national parks; therefore, no collecting rocks and plants!
14. Miscellaneous: broad-rimmed hat, sunscreen, sunglasses, bandana, and a flashlight for around camp at night.

Non-essential items (what the heck, go first class)

1. Camera and extra batteries.
2. Extra bucks for purchase of books, materials and maps along the way. Always tempting!
3. Hand lens and binoculars. Plant, bird, bug and rock field guides.

Important Note: Please try to pack all of the above items (except food) in a soft duffel bag to facilitate packing the gear. Avoid suitcases or frame backpacks! Also, keep important or necessary items in your daypack for instant access during travel. Pack compactly.