WHOLE STUDENT MENTORING OF UNDERGRADUATE STUDENTS IN SCHOOL AND CAREERS

21 September 2019 GSA Annual Meeting, Phoenix, AZ

Aisha R. Morris, NSF (formerly at UNAVCO) armorris@nsf.gov

Agenda

Session one

- Welcome, introductions, overview
- Workshop goals
- Mentoring experiences
- Intentional mentoring
- Mentoring STEM students from underrepresented groups

Session two

- Mentor mapping
- STEM resources
- Working session



Workshop Goals

Participants will:



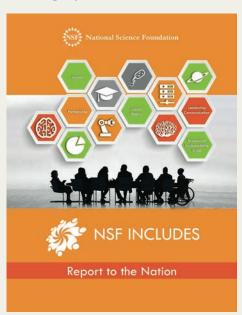
explore the concept of intentionally mentoring students in STEM

 increase knowledge of and/or resources for mentoring students from groups underrepresented in STEM

National Science Foundation (NSF)

INSID.

- Commitment to broadening participation embedded in Strategic Plan
 - Guided by the Strategic Plan, NSF established a performance area focused on broadening participation: to expand efforts to increase participation from underrepresented groups and diverse institutions throughout the United States in all NSF activities and programs.
- Broadening participation portfolio
 - https://www.nsf.gov/od/broadeningparticipation/bp_portfolio_dynamic.jsp
 - Foundation-wide opportunities
 - e.g. NSF INCLUDES comprehensive national initiative to enhance
 U.S. leadership in STEM by focusing on diversity, inclusion, and
 broadening participation in these fields at scale
 - Specific program examples
 - REU Sites and supplements
 - IUSE GEOPATHS under revision, new solicitation this fall!



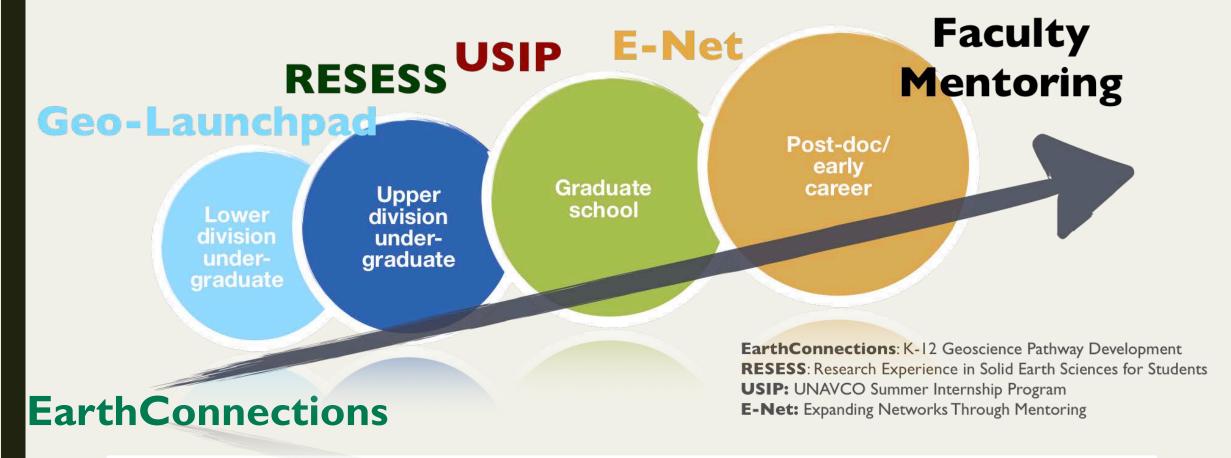
GAGE Facility and UNAVCO

- Geodetic Facility for the Advancement of Geosciences, funded by NSF
- Support geoscience / geophysics community in research and education using geodesy, including workforce
- About UNAVCO and the GAGE Facility
 - https://youtu.be/yxLMk120vMU
- This workshop is an extension of NSF IUSE GEOPATHS award (#1540524)
 - Geo-Launchpad: Preparing Colorado Community College Students for Geoscience-Focused Careers





UNAVCO Workforce Development



Intentional preparation and talent development of populations historically underrepresented in the geoscience workforce will present an infusion of necessary new perspectives and people into the workforce

Activity: Faculty-Student Interactions

1. On post-it notes, write one way in which you interact with students One action per note! Write 3 to 5 interactions.

2. Identify if the activity is an example of mentoring, advising or instruction

3. Place the post-it note on the appropriate large sticky

Past Mentoring Experiences

Form new groups of 3 (think-pair-share activity) (15 minutes) In your group:

- What was an exceptionally successful experience mentoring students?
 - What strategies did you use that you think made that successful?
 - What areas do you think could have been improved to make it more successful?
- What is an example of a challenging experience mentoring students?
 - What were the points of struggle?
 - What did you do to overcome those challenges?
 - In retrospect, what would you have done differently?

Intentional Mentoring

The role of mentoring cannot be underestimated. [Huntoon and Lane, 2007]

Students with a close mentoring relationship have:

- academic achievement such as higher GPAs and completing more credit hours
- higher likelihood of graduation
- enhanced professional skill development
- better networking
- more likely to secure initial employment
- higher income levels and promotion rates[Johnson, 2007]



Scholarship on Mentoring

Intentional Mentoring

- Typically traced to a seminal study by Levinson et al. [1978]
- Levinson observed mentoring in higher education is "...limited and poor in quality".
- Widely defined
- Mentoring is provided by more than one single relationship
- Formal & informal
- Duration varies greatly

TABLE 2 Mentoring functions

Functions

Acceptance/support/encouragement

Advice/guidance

Bypass bureaucracy/access to resources

Challenge/opportunity/"plum assignments"

Clarify values/clarify goals

Coaching

Information

Protection

Role model

Social status/reflected credit

Socialization/"host and guide"

Sponsorship/advocacy

Stimulate acquisition of knowledge

Training/instruction

Visibility/exposure

Structuring the Mentorship

Role Expectations



Goal Clarification



Frequency of Contact and Duration of Relationships



Matching Concerns





Relationship Boundaries

See worksheet: Structuring the Mentoring Relationship

Periodic Evaluation



Mentoring Students from Groups Underrepresented in Science

- Hear and listen
- Be aware of implicit biases
- Advocate
- Champion
- Be open to learning and then implementing learning
- Be aware of resources or willing to find them
- Informal transfer of knowledge share your social capital and insider knowledge [Zambrana, 2018]



Emphasize Societal Relevance

- Societal relevance increases interest [e.g. Huntoon and Lane, 2007]
- Important to highlight the societal (human and planetary) importance of geoscientists' work [e.g. PCAST report, Engage to Excel, 2012]



- Emphasize/stress the importance of students' work in the "Big Picture"
- If desired by students, encourage them to identify research projects that involve communities of interest

Prepare Students for Non-Academic

Career Pathways

- < 30% of high school graduates have taken a formal geoscience course; college and university faculty are often students' first exposure to the geosciences
- Faculty may have taken a more "traditional" academic pathway, and may not be comfortable speaking to career pathways beyond their immediate expertise



- Intentionally highlight pathways in intro classes and during REU/internship experiences
- Provide training relevant to non-academic pathways for graduate students (e.g. leadership, networking and entrepreneurship) [Turk-Bicakci et al., 2014]

Lessons Learned from UNAVCO's Experiences

- Where possible, provide students with a cohort with which to experience the summer or other research experience facilitate cohort activities
- Provide interns with professional development (PD) opportunities to supplement their research or work activities
- Focus on aspects of PD that help students "sell" themselves academically and professionally
- Expose students to multiple career pathway examples to inform them of the multitude of career opportunities in the geosciences



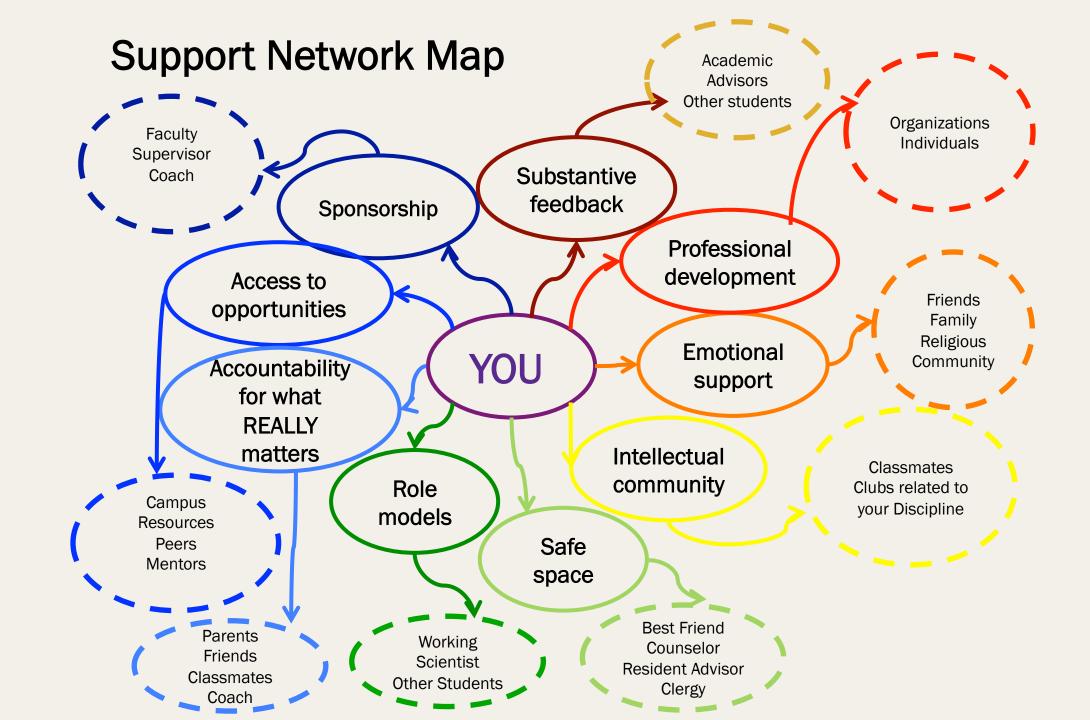
Break

- **2:45**
- Time to refresh
- 3:00 Reconvene

Mentor Support Map

- What is support?
- Who supports you?
- Write each person's name on a separate post-it note





Sponsorship

- -write you letters of recommendation
- -mention your name for promotions/opportunities
- -potentially mediate for you issues with a professor or classmate

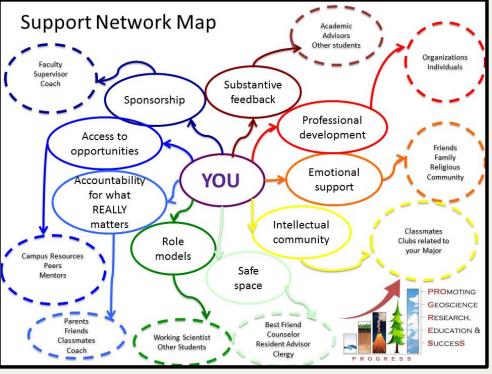
Access to opportunities

- -making sure your network (people and organizations) lets you know about upcoming opportunities
- -workshops
- -summer schools
- -research opportunities
- -scholarships
- -internships, jobs
- -awards

Accountability

Someone that will check in to make sure you are making progress with a given task

How do each of these groups help me succeed?



Substantive feedback

-advice on classes to take
-advice on which internship
or REU to accept
-read and comment on
drafts of papers
-look over essays for
applications

Professional development

Inspiration to improve yourself by gaining skills outside the classroom -time-management -conflict resolution -public speaking training -scientific skills -confidence building

Emotional support

- -someone that you feel comfortable sharing your emotions with -helps you deal with stress
- -helps you deal with stress-believes in you

Role models

behavior we want to emulate in different aspects of our lives:

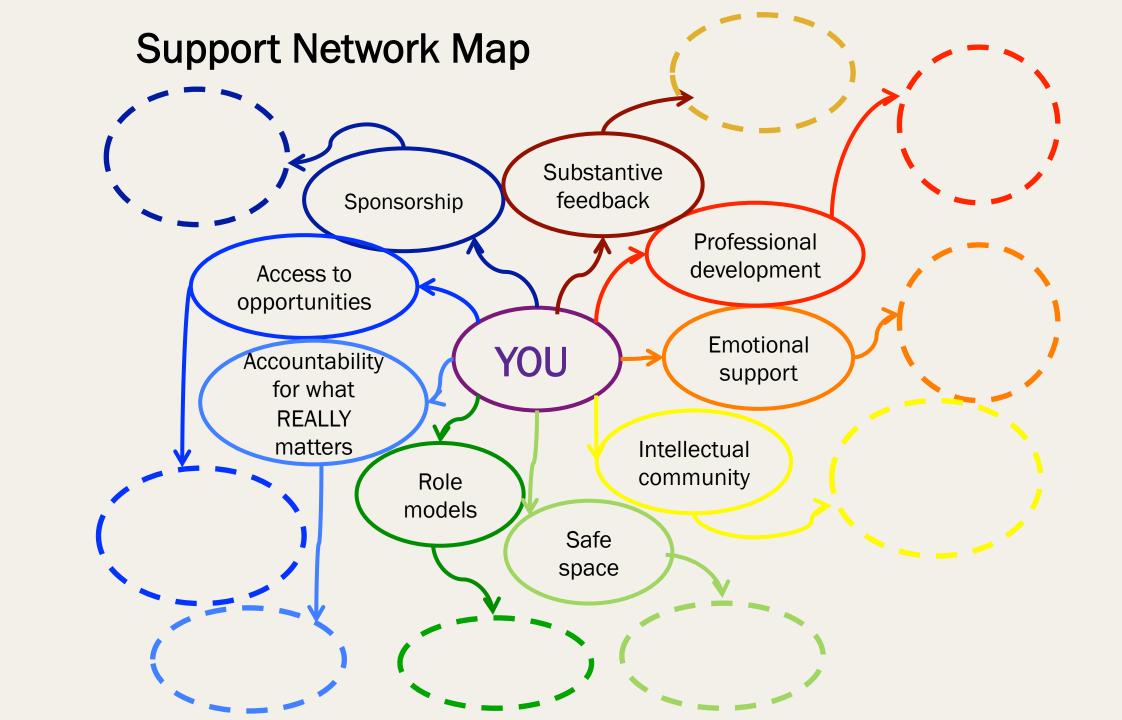
- -School-life balance
- -Work ethics
- -Productivity
- -Career Choices
- -Skill Set

Safe space

- -people you trust who will let you vent without judgment or criticism
- -blow off steam, express your frustration, and find your way to deal with the issue in a calm, composed, and unemotional way

Intellectual community

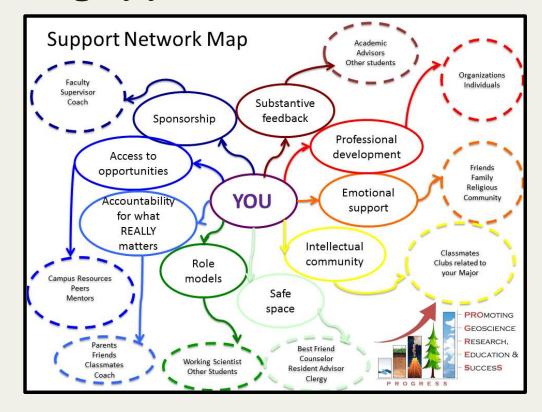
-can ask about homework -study for tests together -work with on group projects -buddy for attending academic related activities on campus (seminars, extracurricular clubs related to your discipline)



| Name | Substantive Feedback | Professional Development | Emotional Support | Intellectual Community | Safe Space | Role Models | Accountability | Access to Opportunities | Sponsorship |
|------|-------------------------|-----------------------------|-------------------|---------------------------|------------|-------------|----------------|----------------------------|-------------|
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |

Support Map

- With a neighbor, discuss what is one category you are 'sure of'?
- What is one category you are 'unsure of'?



Sponsorship

- -Who has seen you at your best?
- -Who has seen you overcome a challenge?
- -Who depends on you?

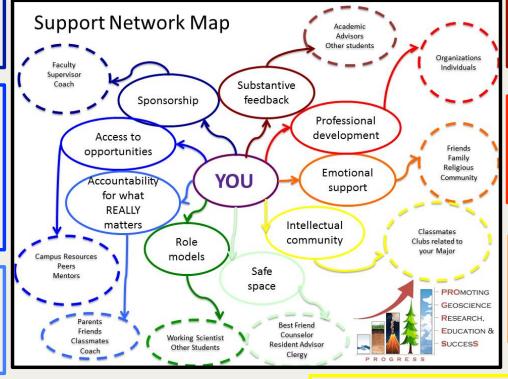
Access to opportunities

- -email announcements
- -campus career center
- -befriend people who always seem to be "in the know"
- -forward information, be a
- "hub"
- -mentor

Accountability

- -study group
- -workout buddy
- -friend who sets deadlines and follows up

How do I find people for all of these areas?



Substantive feedback

- -academic advisor
- -professor you relate well to
- -student a year or two ahead of you
- -teaching assistant

Professional development

- -workshops
- -professional organizations
- -online resources
- -university emails

Emotional support

- -as important as career support
- -family & friends
- -trained professionals

Role models

- -professors/working scientists
- -grad students
- -recent graduates
- -classmates a year or two ahead of you
- -people outside of school

Safe space

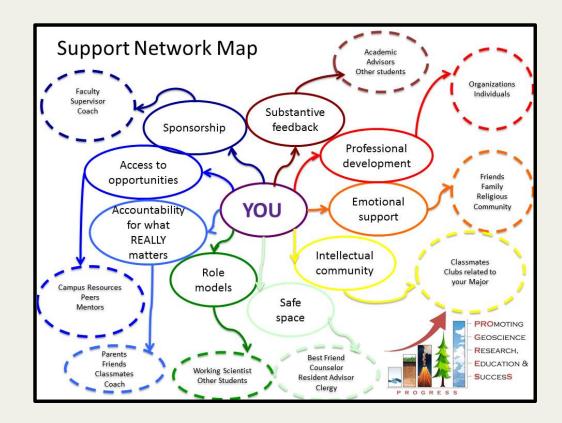
- -be careful to trust too early -consider people removed from the situation you need to vent about
- -Who can you always count on to be outraged on your behalf?
- -who will keep things private?

Intellectual community

- Classmates
- Residence hall neighbors
- Friends at other universities
- Offer to be this type of support for someone else and they will often reciprocate!

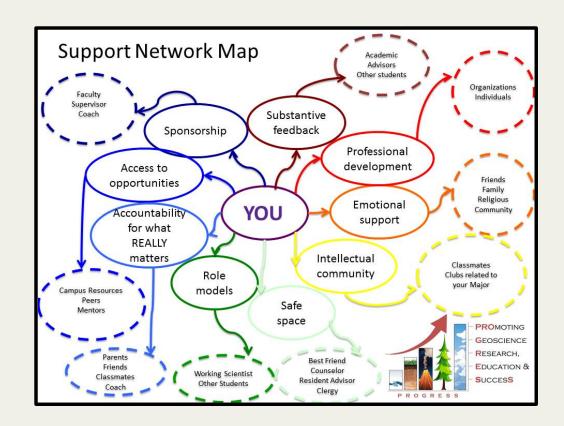
Support Map

■ What are things that you can do to meet and connect with the right people moving forward?



Support Map

■ How can you help your students identify people to help support them in their academic careers and beyond?



Geoscience related resources

- National Science Digital Library
 - https://nsdl.oercommons.org/
- National Association of Geoscience Teachers (NAGT)
 - http://nagt.org/index.html
- Science Education Resource Center (SERC)
 - http://serc.carleton.edu/index.html
- Supporting and Advancing Geoscience Education in Two Year Colleges (SAGE 2YC)
 - http://serc.carleton.edu/sage2yc/index.html
- InTeGrate Interdisciplinary Teaching about Earth for a Sustainable Future
 - https://serc.carleton.edu/integrate/index.html
- GETSI Geodesy Tools for Societal Issues
 - Google: "GETSI SERC"

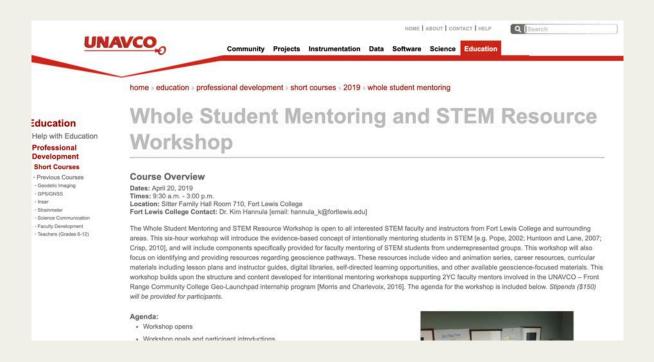






Wrap up

- Share a Take Away: One thing you intend to implement or do differently in mentoring your student(s) or with colleagues
- Workshop resources



Work Session [if enough remaining time]

- Think about how you might incorporate what you learned today in your mentoring relationships or classroom
 - Look at document "2018 RESESS Mentor Application" for ideas on creating a mentoring plan
 - Explore instructional resources

References

- Crisp, G. (2010), The Impact of Mentoring on the Success of Community College Students, Review of Higher Education, 34(1), 39-60.
- Huntoon, J. E., and M. J. Lane (2007), Diversity in the Geosciences and Successful Strategies for Increasing Diversity, Journal of Geoscience Education, 55(6), 447-457.
- Jacobi, M. (1991), Mentoring and Undergraduate Academic Success: A Literature Review, Review of Educational Research, 61(4), 505-532.
- Johnson, W. B. On being a mentor: A guide for higher education faculty. Lawrence Erlbaum Associates Publishers, 2007.
- Levinson, D.J., Carrow, C.M., Klein, E.B., Levinson, M.H. & McKee, B. (1978), The Seasons of a Man's Life, New York: Ballentine.
- Olson, S., and D. G. Riordan. Engage to Excel: Producing One Million Additional College Graduates with Degrees in Science, Technology, Engineering, and Mathematics. Report to the President. Executive Office of the President (2012).
- Pope, M.L. (2002), Community College Mentoring: Minority Student Perception, Community College Review, 30(3), 31-45.
- Turk-Bicakci, L., A. Berger, and C. Haxton. The nonacademic careers of STEM PhD holders. STEM Am. Inst. Res (2014).
- Zambrana, R. E. Toxic Ivory Towers: The Consequences of Work Stress on Underrepresented Minority Faculty. Rutgers University Press, 2018.